IHOP
Made Fresh for You

ANYTIME MENU
FALL / WINTER
WORLD FAMOUS, FLIPPED FRESH

Pancakes

Red Velvet Pancake Combo

Build Your Breakfast

PICK YOUR PANCAKES + 2 EGGS* YOUR WAY + 2 BACON OR SAUSAGE + HASH BROWNS

Pancake Combo
Choice of any 2 same-flavoured pancakes.

Red Velvet
Four red velvet pancakes topped with cream cheese icing & dusted with powdered sugar.

New York Cheesecake
Four buttermilk pancakes filled with cheesecake bites. Topped with glazed strawberries & dusted with powdered sugar.

Strawberry Banana
Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.

Rooty Tooty Fresh ‘N Fruity” Pancakes
Four buttermilk pancakes. Topped with choice of peach topping, raspberry topping or glazed strawberries.

Cinn-A-Stack
Four buttermilk pancakes layered with cinnamon roll filling & topped with cream cheese icing.

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Top it off!
Add fruit topping to any Pancake menu item
- Raspberry Topping
- Glazed Strawberries
- Blueberry Toppings
- Fresh Banana Slices
- Peach Topping

Add a scoop of ice cream to any Pancake menu item

Original Buttermilk
Five of our world famous buttermilk pancakes topped with whipped real butter.
Available in a 3-stack.

Harvest Grain ‘N Nut™
Four pancakes filled with wholesome oats, almonds & walnuts topped with whipped real butter.

Chocolate Chocolate Chip
Four chocolate pancakes filled with chocolate chips & dusted with powdered sugar. Available in buttermilk version.

Double Blueberry
Four buttermilk pancakes filled with blueberries & topped with blueberry compote.

Raspberry White Chocolate Chip
Four buttermilk pancakes filled with white chocolate chips. Topped with raspberry topping & cream cheese icing.

Start with a Coffee to sip & savor!
International House Roast™ Coffee
IHOP® Colombian Blend
100% Arabica Beans

Sides

Turkey Sausage Links
Turkey Bacon Strips
Bacon Strips
Pork Sausage Links
Canadian-Style Peameal Bacon
Slices of Ham
Canadian Maple Syrup

Buttered Toast
Hash Browns
Red Potato Pepper & Onion Hash
Seasoned red potatoes with grilled onions & green peppers

Sliced Tomatoes
Seasonal Fruit small bowl
Pickles
Serrano Peppers
**WAFFLES**

**Belgian Waffle**
Our traditional golden-brown Belgian waffle topped with whipped real butter.

**Chicken & Waffles**
Four all-white meat crispy chicken strips & our Belgian waffle. Served with plum sauce.

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**FRENCH TOAST**

**Our Original French Toast**
Six triangles topped with whipped real butter & dusted with powdered sugar.

**Brioche French Toast**
Three slices topped with whipped real butter & dusted with powdered sugar.

**Stuffed French Toast**
Two cinnamon-rasin triangles with sweet cream filling. Topped with choice of strawberry vanilla, peach vanilla, blueberry or glazed strawberries.

**Strawberry Banana French Toast**
Our original French toast topped with glazed strawberries & fresh banana slices.

**Bananas Foster Brioche French Toast**
Three slices topped with fresh bananas caramelized in a classic buttery, brown sugar New Orleans Foster’s sauce.

**Cinnamon Swirl Brioche French Toast**
Three slices topped with cinnamon roll filling & cream cheese icing.

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**Top it off!**
Add fruit topping to any Griddle Fave menu item:
- Raspberry Topping
- Glazed Strawberries
- Blueberry Toppings
- Fresh Banana Slices
- Peach Topping

**Add a scoop of ice cream to any Griddle Fave menu**

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**We make it fresh**
BECAUSE THAT’S WHAT MAKES IT DELICIOUS!

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Everything’s better with bacon.
CREPES

Banana Crepes with Nutella®
Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.

Strawberries & Cream Crepes
Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.

Sweet Cream Cheese Crepes
Two crepes with sweet cream cheese filling. Topped with choice of raspberry topping or peach topping.

Classic Breakfast Crepes
Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.

Chicken Florentine Crepes
Two crepes filled with grilled chicken breast, mushrooms, onions & Swiss on a bed of spinach topped with White Cheddar sauce & fresh tomatoes.

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**CRAFTED FRESH Combos**

- **Add OJ for a breakfast boost!**

**EGGS 101**

Get your eggs exactly how you like them.
- Scrambled: Whites and yolks mixed together.
- Over Easy: Soft whites with a runny yolk.
- Over Medium: Firm whites with a semi-firm yolk.
- Over Hard: Firm whites with a firm yolk.

**Breakfast Sampler**
Two eggs, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes.

**Country Fried Steak & Eggs**
A golden-battered beef steak smothered in country gravy. Served with 2 eggs, hash browns & 2 buttermilk pancakes.

**Smokehouse Combo**
Two jumbo smoked pork sausage links served with 2 eggs, hash browns & 2 buttermilk pancakes.

**2 x 2 x 2**
Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.

**Quick 2-Egg Breakfast**
Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

**Simple & Fit 2-Egg Breakfast**
Scrambled egg whites served with 2 slices of turkey bacon or turkey sausage, seasonal mixed fruit & whole wheat toast.

**T-Bone Steak & Eggs**
T-Bone steak grilled & served with 3 eggs & 3 buttermilk pancakes.

**Sirloin Tips & Eggs**
Sirloin tips with grilled onions & mushrooms. Served with 2 eggs, hash browns & 2 buttermilk pancakes.

**Split Decision Breakfast**
Two eggs, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes.

**SUBSTITUTE**
Egg whites or egg substitute
- Turkey bacon or turkey sausage links
- Canadian Peameal Bacon

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# Omelettes

Made with a splash of our famous buttermilk & wheat pancake batter!

Omelettes include your choice of one side:

<table>
<thead>
<tr>
<th>Buttermilk Pancakes</th>
<th>Hash Browns</th>
<th>Buttered Toast</th>
<th>Red Potatoes</th>
<th>Seasonal Mixed Fruit</th>
<th>3 Flavoured Pancakes*</th>
</tr>
</thead>
</table>

*Includes Simple & Fit selection, which is served as described.

## Omelette Options

<table>
<thead>
<tr>
<th>Omelette Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Fajita Omelette</td>
<td>Grilled chicken breast with roasted red peppers, onions, Jack &amp; Cheddar &amp; our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.</td>
</tr>
<tr>
<td>Country Omelette</td>
<td>Ham, hash browns, onions &amp; Cheddar. Topped with sour cream.</td>
</tr>
<tr>
<td>Spinach &amp; Mushroom Omelette</td>
<td>Fresh spinach, mushrooms, onions &amp; Swiss. Topped with hollandaise &amp; tomatoes.</td>
</tr>
<tr>
<td>Bacon Temptation Omelette</td>
<td>Chopped bacon with Jack &amp; Cheddar &amp; a White Cheddar sauce. Topped with tomatoes &amp; more bacon.</td>
</tr>
<tr>
<td>Garden Omelette</td>
<td>A fresh mix of broccoli, mushrooms &amp; tomatoes with Cheddar.</td>
</tr>
<tr>
<td>New! Egg White Vegetable Omelette</td>
<td>Egg white omelette filled with fresh spinach, onions &amp; Pepper Jack topped with fresh avocado &amp; tomatoes. Served with seasonal mixed fruit.</td>
</tr>
<tr>
<td>Chorizo Fiesta Omelette</td>
<td>Spicy chorizo sausage, roasted peppers, onions &amp; Pepper Jack, topped with a citrus chili sauce &amp; sour cream. Served with a fresh grilled Serrano pepper.</td>
</tr>
</tbody>
</table>

## Build Your Breakfast

**Create Your Perfect Omelette**

An omelette with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack. Served with your choice of omelette side.

**Additional Ingredients**

- Bacon
- Pork Sausage
- Ham
- Extra Cheese
- Fresh Mushrooms
- Fresh Tomatoes
- Fresh Spinach
- Fresh Green Peppers & Onions
- Fresh Avocado
- Serrano Peppers

**Key:**

- Spicy
- Simple & Fit Under 600 Calories
**Egg Specialties**

**WHIPPED UP FRESH**

- **Californian Scramble**
  Scrambled eggs with Jack & Cheddar, topped with our salsa & avocado. Served with red potato pepper & onion hash or hash browns, & side choice of a tortilla, toast or 2 buttermilk pancakes.

- **Turkey & Avocado Bennie**
  Two slices of grilled Broche bread topped with roasted turkey, scrambled eggs, tomato, White Cheddar sauce & avocado.

- **Tuscan Scramble**
  Scrambled eggs with roasted red peppers, Parmesan, diced tomatoes and fresh spinach. Served with red potato pepper & onion hash or hash browns, & side choice of a tortilla, toast or 2 buttermilk pancakes.

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**Salads and Soups**

- **Chicken Cobb Salad**
  Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & crumbled blue cheese on a bed of mixed greens tossed in buttermilk ranch. Add avocado.

- **House Salad**
  Tomato & red onions on mixed greens with choice of dressing.

- **Citrus Chicken Pecan Salad**
  Grilled chicken breast, orange segments & candied pecans on mixed greens. Tossed in our mandarin orange and kiwi dressing.

- **Chicken & Spinach Salad**
  Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & Cheddar on a bed of spinach tossed in honey balsamic vinaigrette.

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**SOUP OF THE DAY**

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ADD TO ANY BURGER:
+ Fried Egg
+ Avocado
+ Peameal Bacon

Denver Omelette Burger
White Cheddar, sliced ham & an omelette made with green peppers & onions.

Cheeseburger
American, lettuce, tomato & red onion.
Available without cheese.

Mushroom, Spinach & Swiss Burger
Our 100% beef burger with sautéed mushrooms, spinach & onions topped with melted Swiss cheese & mayonnaise on a grilled Brioche bun.

Sandwiches are served with choice of one side from above. Add Avocado or Peameal Bacon to any sandwich.

Roasted Turkey Sandwich
Carved roasted turkey breast with bacon, Swiss, lettuce, tomato & mayonnaise on marbled rye.

Grilled Chicken, Ranch & Avocado Club
Grilled chicken breast with bacon, avocado, lettuce, tomato & buttermilk ranch & lettuce on our grilled Brioche bun.

Spicy Chicken Ranch Sandwich
Crispy chicken breast tossed in our citrus chili sauce with melted Pepper Jack, a mix of roasted onions, Serrano, roasted peppers, buttermilk ranch & lettuce on our grilled Brioche bun.

Philly Cheese Steak Stacker
Grilled steak & onions topped with melted cheese on a grilled roll.

Double BLT
Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast.

Ham & Egg Melt
Scrambled eggs topped with ham, Swiss & American on grilled artisan sourdough.
**Appetizer Sampler**
Monster Mozza Sticks, Onion Rings & Crispy Chicken Strips served with plum & marinara dipping sauces.

**Chicken & Three-Cheese Quesadilla**
Grilled chicken breast, roasted red pepper, fresh spinach, Pepper Jack, Monterey & Cheddar in a flour tortilla with salsa, sour cream & a fresh grilled Serrano pepper.

**Crissy Chicken Strips & Fries**
Five all-white meat crispy chicken strips. Served with plum dipping sauce & French fries.

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**SERVED FRESH**
**Entrées**

**Add a soup or side salad**

**Sirloin Steak Tips**
Tender sirloin tips with grilled onions & mushrooms. Served with mashed potatoes, whole kernel buttered corn & garlic bread.

**Bacon Crusted Chicken Breast with Potato Hash**
Bacon crusted grilled chicken breast with Pepper Jack over red potato pepper & onion hash & hollandaise. Served with garlic bread.

**Country Fried Steak**
A golden-battered beef steak smothered in country gravy. Served with mashed potatoes, steamed fresh broccoli & garlic bread.

**Chicken Cordon Bleu**
Crispy chicken breast with fresh spinach, ham, melted Swiss & White Cheddar sauce. Served with red potato pepper & onion hash & garlic bread.

**T-Bone Dinner**
Served with red potatoes, broccoli & garlic bread.

**Tilapia Florentine**
Two fillets over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread.

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**Desserts**

**Fruit Crepe**
One crepe filled with choice of raspberry topping, blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.

**Ice Cream Sundae**
Two scoops of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

**Kids Jr. Sundae (1 scoop)**

**Milk Shake**

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YOUR FAVORITES, FRESH

55+ Breakfast Sampler
One egg, 1 strip of bacon, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.

55+ Rise ‘N Shine
Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

55+ 2 x 2 x 2
Two buttermilk pancakes, 2 eggs & 2 bacon strips or 2 pork sausage links.

55+ French Toast
Four triangles served with 2 bacon strips or 2 pork sausage links.

SUBSTITUTE
Egg whites or egg substitute
Turkey bacon or turkey sausage links
Canadian Peameal Bacon

MAKE FOR FUN

Kids (2 & Under)

Kids drinks. (Free refills on soft drinks)

Funny Face*
A chocolate chocolate chip pancake with powdered sugar, maraschino cherry eyes & a whipped topping smile.

Jr. Chicken & Waffles
Two crispy fried chicken tenders & 2 Belgian waffle quarters.

Silver 5
Five silver dollar buttermilk pancakes. Served with 1 scrambled egg & 1 bacon strip.

Create-A-Face Pancake*
A buttermilk pancake with strawberry eyes, a whipped topping nose & a fresh banana smile. Served with a tube of strawberry low-fat yogurt.

Soup
Side Salad

BUILD YOUR BREAKFAST

Create your 55+ Omelette
An omelette made with a splash of our famous buttermilk & wheat pancake batter & choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack.
Served with 2 buttermilk pancakes.

Additional ingredients:
- Bacon
- Pork Sausage
- Ham
- Extra Cheese
- Fresh Mushrooms
- Fresh Tomatoes
- Fresh Spinach
- Fresh Green Peppers & Onions
- Fresh Avocado
- Serrano Peppers

BUILD YOUR BREAKFAST

Rooty Jr®

Start with 1 scrambled egg, 1 bacon strip & 1 pork sausage link. Then choose one item from each step below.

STEP 1:
- Buttermilk Pancake
- Belgian Waffle
- Broche French Toast

Blueberries
Banana Slices

Canned Strawberries
Raspberry Topping

Pitch Topping
Strawberry Low-Fat Yogurt

STEP 2:

Jr. Ham & Egg Melt
Scrambled eggs, grilled ham & American cheese. Served with seasonal mixed fruit or apple sauce.

Macaroni & Cheese
Served with seasonal mixed fruit or apple sauce.

Grilled Cheese Sandwich
Made with American cheese. Served with seasonal mixed fruit or apple sauce.

Cheeseburger
Our 100% beef burger topped with Processed cheese. Served with seasonal mixed fruit, seasoned fries or apple sauce.

KRAFT is a registered trademark of Kraft Foods. No coupons or discounts on kids items.
**Beverages**

**POURED FRESH**

**INTERNATIONAL HOUSE ROAST**

Coffee

IHOP® Colombian Blend

100% Arabica Beans

**Never Empty Coffee Pot**

Regular or Decaf

**Espresso**

Participating locations

**Flavoured Coffee**

Vanilla or Mocha

**Cappuccino**

Participating locations

**Cold-Brew Iced Coffee**

Mocha, Vanilla or Original

**hot chocolate**

Hot Chocolate

**Tea and Lemonade**

Freshly Brewed Iced Tea

Lemonade

**Premium Loose-Leaf Hot Tea**

Ask your server for available varieties.

**Fruit Juices**

**Premium Orange Juice**

Also available:

Apple, Cranberry or Grapefruit

**Splashberry**

A blend of glazed strawberries,

lemon-lime soda & premium orange juice.

**Tropical Island Twist**

A blend of lemonade,

lemon-lime soda & tropical mango syrup.

**IHOP Splashers**

Fountain Drinks

Pepsi, Diet Pepsi, Root Beer

or 7UP

Free Refills

2% Milk

Chocolate Milk

**Bottled Water**

Prices are subject to all applicable taxes and NFD/fees. USO pricing subject to change. Substitutions available for an additional charge. We reserve the right to refuse service to anyone. 17% gratuity will be added to parties of eight or more.

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